



SPECTER TACTICAL

Military & Law Enforcement Tactical Training

Conneticut State Rifle & Revolver Association Hosting Practical Tactical Psychology

A four-hour interactive lecture and workshop

For the armed citizen

Date Saturday April 1st Time 10 AM to 2 PM

Location Harmony No. 42 At 531 Highland Ave Waterbury CT

To register www.memberplanet.com/events/csrri/practicaltacticalpsychology

The Cost will be \$75.00 prefer cash at the door.

We will need a minimum of 25 people to run this class so please sign up.

Lunch will be included.

This program is designed to provide 'brain fuel' to help individuals create their own strategies for dealing with high-stress situations and to help them identify their limitations as well as their own innate, hidden tools. Learning and understanding the complex world of human behavior usually requires years of focused study, so we have filtered out the hard lessons of psychology and will present them in a condensed, useful format for the group. This is not a 'self-help' clinic but a presentation of how individuals in high-stress, high-danger situations exercise self-control techniques to succeed. It is very easy to become hijacked by one's own physiological and mental self-defense mechanisms in a high-risk, high-stress situation, and our goal is to help individuals understand the mechanisms and adjust their own tactics and thinking to stay in self-control and prevail. Knowing is the first step!

Some of the key topics covered:

Modern Psychology and its limitations

Psychology in the tactical universe

Blind-spots in the modern CCW community

Stress Science (types, stress reactions, sensory distortions, mitigation techniques)

Emotional cascades and self-conditioning

Pain mitigation techniques

Combat psychology

Training strategies to develop desired mindsets

Mental models (hardwired thinking patterns)

The criminal mind

Group dynamics and dangers

Social media, entertainment and the changing social landscape

We will discuss various case studies, examples and events pertaining to each individual topic covered. This will be an interactive workshop and participants are encouraged to ask



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questions and voice feedback throughout every module. Due to the nature of the material there will be considerable unpleasant, disturbing content, and attendees are forewarned that we will delve into some dark and potentially revolting topics. The content of this lecture is centered around violence and how we function psychologically in that aspect that (for most of us) is very rare in our daily lives. Forewarned is forearmed, and we will give you the material to make you a more viable protector of yourself and others.

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<https://lodgelocator.com/harmony-42>